



2018

# February

HEALTHY FOR LIFE



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
						<p><b>1</b> Chicken Tenders w/Roll Buffalo Chicken Pizza Italian Salad w/Ham &amp; WG Crkrs Vegetarian Baked Beans Sweet Peas Fresh Celery Sticks Fresh Fruit or Juice</p>		<p><b>2</b> Boneless Chicken Bites White Pizza Ranch Chicken Salad w/WG Crkrs. Steamed Rice Green Beans Fresh Baby Carrots Diced Pears or Juice</p>		<p><b>More Info...</b></p> <p><u>Offered Daily:</u></p> <p><b>Chicken Patty Sand. Cheeseburger Chicken Nuggets w/Dinner Roll Cheese Pizza Pepperoni Pizza MTO Deli Bar Fresh Fruit Fruit Juice Fresh Vegetables 1% Milk Skim Milk Chocolate Skim Milk All Breads, Rolls and Pizza Dough is Whole Grain</b></p>
<p><b>5</b> Chicken Tenders w/WG Brd. White Pizza All Amer.Salad w/WG Crkrs Harvest Cheddar SunChip Seasoned Green Beans Garden Salad Fresh Fruit or Juice</p>		<p><b>6</b> Chick.Nugget,Mashed Bowl Chicken Parmesan Pizza All Amer.Cobb Salad w/WG Crkrs Mashed Potatoes Golden Corn Cucumber &amp; Tomato Salad Peach Cup or Juice</p>		<p><b>7</b> Grilled Cheese &amp; Bacon Sand. Buffalo Chicken Pizza Egg Chef Salad w/WG Crkrs Campfire Beans Steamed Carrots Fresh Celery Sticks Fresh Fruit or Juice</p>		<p><b>8</b>Nacho Platter Buffalo Chicken Pizza Popcorn Chick.Salad w/WG Crkrs Steamed Rice Steamed Broccoli Fresh Baby Carrots Applesauce or Juice</p>		<p><b>9</b> <b>PARENT CONFERENCES GRAB-N-GO LUNCHES AVAILABLE</b> <b>Grilled Ham &amp; Ch.on Pretzel Roll, Sunchips, Fresh Fruit and Choice of Milk</b></p>		
<p><b>12</b> French Tst.Sticks w/Saus. Bacon Ranch Pizza Chicken Caesar Salad w/WG Crkrs. Baked Tater Tots Fresh Broccoli Apple Slices or Juice</p>		<p><b>13</b> Chicken Parmesan Sand. Buffalo Chicken Pizza Turkey Chef Salad w/WG Crkrs Rice Green Beans Fresh Red Pepper Slices Diced Peaches or Juice</p>		<p><b>14</b> Fish Sticks w/WG Brd. Buffalo Chicken Pizza All Amer.Chef Salad w/WG Crkrs Cinnamon Sweet Potatoes Sweet Peas Garden Salad Fresh Fruit or Juice</p>		<p><b>15</b> Philly Cheesesteak Buffalo Chicken Pizza Chick &amp; Ch.Salad w/WG Crkrs Baked Fries Golden Corn Fresh Celery Sticks Applesauce or Juice</p>		<p><b>16</b> Grilled Cheese on Pretzel Roll White Pizza Chick.Caesar Sal.w/WG Crkrs Steamed Rice Steamed Broccoli Fresh Baby Carrots Fresh Fruit or Juice</p>		
<p><b>19</b></p> <p><b>PRESIDENT'S DAY</b></p>		<p><b>20</b>Cheese Brd.Stick w/Marinara Buffalo Chicken Pizza Chick.Caesar Sal.w/WG Crkrs Seasoned Green Beans Garden Salad Diced Peaches or Juice</p>		<p><b>21</b> BBQ Pork Sandwich Bacon Ranch Pizza Ham Chef Salad w/Roll Cilantro Lime Rice Steamed Carrots Fresh Cucumber Slices Fresh Fruit or Juice</p>		<p><b>22</b>Tacos Buffalo Chicken Pizza All Amer.Chef Sal.w/WG Crkrs Brown Rice Vegetarian Baked Beans Garden Salad Fresh Fruit or Juice</p>		<p><b>23</b> General Tso's Chicken White Pizza Chick.Caesar Sal.w/WG Crkrs Steamed Rice Steamed Broccoli Fresh Baby Carrots Mandarin Oranges or Juice</p>		
<p><b>26</b> BBQ Rib Sandwich Buffalo Chicken Pizza Chick.Caesar Sal.w/WG Crkrs Baked Fries Sweet Peas Garden Salad Mixed Fruit Cup or Juice</p>		<p><b>27</b>Chick.Nugget Mashed Bowl Buffalo Chicken Pizza All Amer.Cobb Salad w/WG Crkrs. Mashed Potatoes Golden Corn Fresh Cucumber Slices Fresh Fruit or Juice</p>		<p><b>28</b>Orange Popcorn Chicken Buffalo Chicken Pizza Ham Chef Salad w/WG Crkrs Cilantro Lime Rice Steamed Broccoli Garden Salad Fresh Fruit or Juice</p>		<p><b>Egg and Tuna Salad available Fridays on Deli Bar</b></p>		<p><b>PRICES:</b> <b>Free</b> <b>Reduced - \$.40</b> <b>Paid - \$2.50</b></p>		

Menus are subject to change without notice.

## RIVERSIDE JR./SR. HIGH SCHOOL LUNCH MENU

